



## Welcome to Ward 7

### Waiting times for surgery on Ward 7

We do everything we can to ensure that you receive your surgery in a timely manner.

Sometimes surgery is delayed due to other emergencies in the hospital. If this happens an alternative plan will be discussed with you. You will be able to eat and drink and we will ensure you receive effective analgesia and the support you need while you are waiting for surgery.

Other factors that may delay your surgery are:

- Swelling in your broken limb as we need to wait for this to reduce.
- The number of people that are waiting for surgery.
- If you have a complex fracture you may need to wait a few days for the correct specialist consultant to perform your surgery.

### Doctors Rounds – support person for ward rounds

Ward 7 staff encourages and welcomes you to participate in the doctors rounds at approximately 7.30am Monday to Friday and by arrangement on the weekends.

### Meal Times

Nutrition is important for health and healing and we endeavour to allow you the time to enjoy your meal without interruptions. On arrival to the ward we will inform you of the meal times. We ask that those who are able are sitting up in their chair and ready for their meals. We will assist those who are unable to do so independently.

### Rehabilitation

Rehabilitation begins immediately after your surgery. We ask that you have family or friends bring in day clothes as dressing every day allows us to teach you tips and tricks with managing your cast and orthotic splints/braces while at home.

### ACC / Discharge Supports/ Discharge Lounge

All documentation will be completed and given to you prior to discharge.

You will be seen by the Social Worker, Physio and Occupational therapist in regards to your discharge planning. They will be able to assist you with any supports or equipment you may require once you are at home.

On the day of discharge you will be transferred to the discharge lounge by 10am. This is to allow adequate time for completion of your discharge documentation. The discharge lounge is located on the ground floor close to the main entrance to ensure easy access to your transport home.

### Queries/Concerns

Please do not hesitate to speak with the Charge Nurse regarding any concerns or questions you may have.