The Next Auckland DHB Primary Care Open Evening….

‘Latest Approaches and Innovations in the Management of the Health of Older Persons’

Following on from their successful primary care open evening programme last year, Auckland DHB would like to invite all General Practitioners and Practice Nurses working in the Auckland District to their next Primary Care Open Evening. It will be held at Auckland City Hospital on the evening of Tuesday 31\textsuperscript{st} May 2016.

The feedback they have had from primary care is that GPs and Practice Nurses value these meetings. Attendees report that they enjoy meeting key hospital management and specialists, and having the opportunity to discuss clinical and local issues with them. The May meeting will take a patient journey perspective examining a number of common clinical issues that arise in older age including polypharmacy, managing falls and frailty. Auckland DHB will also have information available on their new geographically based locality service model, and there will be the opportunity to meet key staff working in your locality.

There will also be site familiarisation tours of the Department; presentations by those working in these areas, and time for Q&A. Please also note this event qualifies for continuing medical education (CME) points. To register or for further information please contact Sarah Horn at SHorn@adhb.govt.nz.

Please note a similar programme is run for those working in Waitemata DHB area, and will be advertised in the next edition.

\textbf{A Waitemata DHB initiative: Our Health in Mind will Drive Change}

A new Waitemata DHB action plan designed to drive a major shift in the traditional model of mental health care has been approved.

\textit{Our Health in Mind} (2016 – 2021) responds to GP concerns and seeks to prevent people falling between the ‘gap’ of primary and secondary care. Its priorities include:

- Developing a ‘whole of systems’ approach to better meet mental health needs in primary care
- Enhancing response to high prevalence disorders, like depression and anxiety, within primary care

We will keep you up-to-date with developments. For further information click here or please contact Karen Fielding, Project Manager: Karen.Fielding@waitematadhb.govt.nz.
Clinical Services Updates Contd.

Northern Region Clinical Pathways Programme
Update April 2016

Latest static (look up) clinical pathways localised for the Auckland region include:

- Zika virus
- Community pharmacy
- Stroke
- Fine needle aspirate requests
- Pyelonephritis
- Endometriosis
- TIA
- Amenorrhoea
- Fibromyalgia
- Contraceptive implant removal
- Neck Lumps in adults
- Driving and neurological conditions

Utilisation of HealthPathways site:

![Utilisation chart]

The total number of registered users and sessions since launching on August 24th 2015.

Dynamic (patient specific, real time) Clinical Pathways

The target of 92 practices to be trained in the pilot phase has been reached. 442 medical professionals have enrolled 1,847 patients onto a pathway to date.

What’s next?

Currently work is underway with the PHOs to discuss the “deep dive” phase of the Northern Region Clinical Pathways Programme:

- Focus group evenings are scheduled for May 2016 for the pilot practices involved in the Nexxt™ pilot. Please see page over.

- Keep an eye out for our GP survey soon to be released for the HealthPathways static site - this is a chance to have your say on how the site is being developed.

To access the pathways and utilise this resource, please register for access:

URL: [http://aucklandregion.healthpathways.org.nz](http://aucklandregion.healthpathways.org.nz)
Support, Education and Opportunity

CareConnect
Clinical Pathways

A Regional Initiative: Dynamic Clinical Pathways Focus Group Sessions
We are running 4 Auckland-wide focus groups for practices involved in the dynamic Clinical Pathways Pilot, and are now requesting the participation of practice nurses and GPs from pilot practices.

Why should you attend?

- We wish to ratify your previous suggestions for improvements
- Gain an understanding of how dynamic clinical pathways may impact or influence your models of care and clinical workflows
- Please note $100 per attendee, up to $200 per practice claim-back
- 2 CME/MOPS certificates are available for the days participation
- Catering provided

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<thead>
<tr>
<th>Day/Date/Time</th>
<th>Location</th>
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<tr>
<td>WEST</td>
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<tr>
<td>Monday</td>
<td>Totara Health</td>
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<tr>
<td>9th May 2016</td>
<td>Level 2 Meeting Room</td>
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<tr>
<td>6.30pm - 8.00pm</td>
<td>1 MacRae Way</td>
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<td>CENTRAL</td>
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<td>Wednesday</td>
<td>Auckland PHO</td>
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<tr>
<td>11th May 2016</td>
<td>Unit D, Level 4</td>
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<tr>
<td>6.30pm - 8.00pm</td>
<td>210 Khyber Pass Rd</td>
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<td>Newmarket.</td>
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<td>SOUTH</td>
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<tr>
<td>Monday</td>
<td>Manukau SuperClinic</td>
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<tr>
<td>16th May 2016</td>
<td>Conference Room 2</td>
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<tr>
<td>6.30pm - 8.00pm</td>
<td>901 Gr South Rd</td>
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<td>Manurewa.</td>
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<td>NORTH</td>
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<tr>
<td>Wednesday</td>
<td>Comprehensive Care/Waitemata PHO</td>
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<tr>
<td>18th May 2016</td>
<td>42 Tawa Drive</td>
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<tr>
<td>6.30pm - 8.00pm</td>
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Please RSVP to Kelly.Turpin@healthalliance.co.nz to confirm your attendance. Practice Nurses and General Practitioners whose practices are involved in the pilot are welcome to attend. Space is limited for each group, so please respond early to hold your spot.
Support, Education and Opportunity  Contd.

An Auckland DHB Initiative: Working in Partnership, Enabling Self-management, Promoting Independence

A new District Nursing Clinic opened in February 2016 in Apirana Avenue, Glen Innes. The service is delivered from the Whai Maia Ngati Whatua o Orakei Health Clinic. The services provided here are diverse and aim to help people achieve maximum wellness through wound care, continence and stoma management, IV therapy, patient/family or whanau education, and referral to other services as required. This list is not exhaustive and we encourage any health professional to contact us to discuss if a referral is appropriate.

The clinic has been opened to provide local and easily accessible nursing services to the local community, and by doing this, remove some of the barriers to accessing healthcare in a high-health needs community. The clinic has been promoted to local marae-based services as well as locally-based Pasifika and other community care providers, along with care workers for Whai Maia. We are also developing strategies to work more closely with the Rheumatic Fever Care Coordinator for this area.

Feedback about the new clinic is already positive with the numbers of people attending growing and statements such as “that the other clinics are too hard to get to as there is no direct public transport” and that the “others clinics are too far from home and work.”

The clinic operates Monday to Friday 8.00am to 4:30pm. Referrals are sent via community services at Building 17 Greenlane Community Centre. For further information please contact Jane Bebbington, Clinic Nurse, email: JBebbington@adhb.govt.nz

Palliative Care Auckland DHB

Improvements to the Recovery of Niki T34 Infusion Devices

Effective symptom management is a cornerstone of good palliative care. One safe and effective method of delivering medication for people where the oral route is not indicated is via a continuous subcutaneous infusion. The Niki T34 infusion pump is a small portable device used by patients to deliver continuous subcutaneous medication. The device can be used wherever the person is: in hospital, at home or in a residential care facility so it is not uncommon for patients to be discharged along with a hospital-owned Niki T34 device.

Unfortunately over time a significant number of Niki T34 pumps have been ‘lost’ as patients are discharged and the infusion devices do not get returned as planned. This has resulted in a shortage of available devices in the hospital. A significant improvement has been the supply of an addressed prepaid courier envelope to accompany the patient and Niki T34 on discharge from hospital. This makes it much easier for community-based services to return the Niki T34 at no cost to them.

Auckland DHB are ensuring that any patients leaving the hospital with a Niki T34 are provided with a courier envelope. If primary care providers are ever asked about where these devices should be going and how, please contact Jackie Robinson, Nurse Practitioner, email: JRobinson@adhb.govt.nz

New Primary Care News e - Format Available

The Auckland and Waitemata DHBs Primary Care Newsletter is now also available in an electronic format. Click here to subscribe to the e-version. Please feel free to pass on comments about our newsletter to:

Primarycarenews@waitematadhb.govt.nz
Support, Education and Opportunity Contd.

Diabetes Self-Management Courses across Auckland and Waitemata DHBs areas

Free diabetes self-management courses are available for people living in Auckland and Waitemata DHB areas with Type 2 diabetes, a high risk of CVD, or who have pre-diabetes.

For courses run by Waitemata PHO on the North Shore or in West Auckland click [here](#).

ProCare also run these courses in West Auckland and North Shore locations. For further information please contact Nivedita or the SME team: life@procare.co.nz, Telephone 354 7770, or text or call 027 339 5740.

Auckland PHO run courses in Central Auckland, please contact Wayde for further information: wayde@aucklandpho.co.nz or Telephone 379 4022.

April eReferrals Update – New Functionality

A Regional Initiative

It is now possible to send an addendum to an existing eReferral. This will be most useful when;

- The referrer realises that they have left important information off the referral
- The triaging consultant requests further information
- There is a change to the clinical situation which may change the priority given to the referral
- A referral is declined, and the referrer would like to present more information which may change the decision

This functionality is available in the new ‘Update Referral’ section on the eReferrals start page. For details on how to send an addendum please follow this [link](#).

There are now approximately 25,000 eReferrals sent each month in the Auckland region and 74 departments are triaging electronically.

The advantages of eReferrals are:

- Rapid triage so that patients are seen faster
- Immediate messaging back to you when advice is needed
- Referrals sent electronically at no expense to you
- The referral contains the information that the specialist needs
- No chance of your referral being lost. An instant message of receipt is received when you submit the referral
- Ability to attach ECGs and other reports when needed

If you are having any trouble using eReferrals or are having performance issues with the eReferrals system, please email the eReferral project team e refersals@healthalliance.co.nz. Alternatively visit the eReferrals website [www.eReferrals.co.nz](http://www.eReferrals.co.nz) for further information.
Primary Care Contacts and Next Issue Contd.

HEALTH PROFESSIONAL ADVICE: Syphilis Alert for Primary Care

Key points

- Infectious syphilis is increasing in the Auckland region
- Primary care providers should request syphilis serology for anyone at risk of STI
- Men who have sex with men should be tested for syphilis at least annually
- Discuss any suspected syphilis cases and their sexual contacts with Auckland Regional Sexual Health Service (ARSHS) – phone the ARSHS Registrar on 021 883 703

Current syphilis outbreak
The number of infectious syphilis cases diagnosed by the Auckland Regional Sexual Health Service (ARSHS) has been increasing steadily in recent years. In 2015 ARSHS treated 152 cases which was a 78% increase from the previous year. While men who have sex with men are most at risk of syphilis, 20% of cases were diagnosed in heterosexuals in 2015 so there should be a low threshold for testing.

Symptoms and signs of syphilis
- Atypical anal or genital ulceration – see Genital Ulcer Disease summary by clicking here.
- A generalised body rash (typically resembling a drug reaction or pityriasis rosea)
- Any rash affecting the palms of the hands or soles of the feet
- Pyrexia of unknown origin
- Unexplained persistent lymphadenopathy
- Unexplained liver function disturbance
- Patchy alopecia
- Unexplained neurological symptoms including meningitis, stroke syndromes and cranial nerve palsies
- Important note: 50% of syphilis cases are asymptomatic and will only be diagnosed through serological testing.

Who should be tested for syphilis?
- Request syphilis serology for the following groups:
  - Anyone presenting with possible symptoms or signs of infectious syphilis
  - Men who have sex with men. Syphilis serology should be conducted at least annually but more frequently in men who have multiple sexual contacts.
  - Sexual contacts of anyone diagnosed with syphilis. Sexual contacts may still be infected despite initial negative syphilis serology. Discuss with ARSHS.
  - All people requesting general screening for sexually-transmitted infections

Management of syphilis
Management of syphilis is complex and requires some expertise. Discuss any cases of suspected syphilis and their sexual contacts with ARSHS. Phone the ARSHS Registrar on mobile number 021 883 703.

For more clinical and patient information on syphilis visit: www.nzshs.org.

This Health Professional Advice was sent on behalf of Auckland Regional Sexual Health Service.
Support, Education and Opportunity Contd.

Interested in Women’s Health?  
Want to improve your clinical skill set?  
Looking for a way to earn more?

Well Women and Family Trust have a mandate to reduce the incidence of cervical cancer in NZ. One of the ways we achieve this is by providing regular NZQA approved smear taker training for Nurses.

Our 3 day course covers the National Cervical Screening Programme, theoretical and practical components of smear taking as well sexual health, periods to menopause, contraception and breast cancer. It is truly holistic and relevant to General Practice.

Our tutors are experienced smear takers who are passionate about women’s health. For more info: www.wons.org.nz or phone Beth 021 625744

Primary Care Contacts and Next Issue

Auckland DHB GP Help & Consultant Advice Lines

GP Help Line - to speak to medical staff (09) 307 2800

Consultant Advice Lines

- Cardiology: Admissions phone 307 2800 for Cardiology Registrar on call, Consultant Advice 375 4388
- General Medicine: General Medicine Consultant: 021 555 256, General Medicine Registrar: 021 938 477
- General Surgery: 021 938 931
- Gynaecology: 307 2800 and ask for the on call Gynaecologist
- Obstetrics: 307 2800 and ask for the on call Obstetrician
- Neurology: 375 3484
- Renal: 021 938 167 (9.00am-5.00pm Mon-Fri)
- Respiratory: 375 3414
- ED SMO: 021 410 539 (Available from 0800 to 2400 every day)
- Gastroenterology: 021 884 631 On-call Registrar
- Endocrine Registrar: 021 323 715
- The Acute Eye Referral Line: 630 9964
- Paediatric: 021 740 271
- Starship Children’s Hospital Emergency: 307 4902

Waitemata DHB GP Help Line

GP Help Line - to speak to medical staff - 486-8908
Do you want to Contribute to our Primary Care Newsletter?

The Auckland and Waitemata DHB’s Primary Care newsletter is a monthly newsletter for general practitioners and practice nurses across Auckland and Waitemata districts. The newsletter is produced monthly.

Please keep your articles to 100 words or less with a link to a website where recipients will find more information. Please ensure the articles have already been written rather than providing information via fliers or emails. Also, please consider how your content is relevant to Primary Care, what do they need to know.

Include:

- photos/illustrations/logos as high-res, jpegs or image files
- complete articles in word documents or in the body of the email
- a contact person and their details listed within the article.

The content deadline for the next issue is 5.00pm, 5th May 2016. Please send all contributions to: primarycarenews@waitematadhb.govt.nz.

Many thanks!
<table>
<thead>
<tr>
<th>Run By</th>
<th>Title</th>
<th>Who can attend</th>
<th>Date</th>
<th>Contact to register or for further information</th>
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<tbody>
<tr>
<td>ProCare</td>
<td>ProCare Flinders training course</td>
<td>Staff of Procare PHO member General Practices</td>
<td>29 April &amp; 6 May</td>
<td>Ramiza Zariff, <a href="mailto:rnzica.zariff@procare.co.nz">rnzica.zariff@procare.co.nz</a></td>
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<td></td>
<td>Palliative care and advanced care planning</td>
<td>Staff of Waitemata PHO member General Practices</td>
<td>31 May</td>
<td>For information about speakers contact Ramiza Zariff, <a href="mailto:rnzica.zariff@procare.co.nz">rnzica.zariff@procare.co.nz</a></td>
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<td>Allergies and food intolerance (supported by Danone Nutricia)</td>
<td>Staff of Waitemata PHO member General Practices</td>
<td>25 May</td>
<td>Rachael Calverley, <a href="mailto:RCalverley@comprehensivecare.co.nz">RCalverley@comprehensivecare.co.nz</a>, Dr Ajay Makal, <a href="mailto:AMakal@comprehensivecare.co.nz">AMakal@comprehensivecare.co.nz</a></td>
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<td>Latest approaches and innovations in the management of the health of older persons</td>
<td>Auckland DHB Adult, Community and Long Term Conditions Service Senior Clinicians and staff</td>
<td>31 May</td>
<td>Sarah Horn, <a href="mailto:SHorn@adhb.govt.nz">SHorn@adhb.govt.nz</a></td>
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<td></td>
<td>Cardiology (broad topic)</td>
<td>Staff of Waitemata PHO member General Practices</td>
<td>15 June</td>
<td>Rachael Calverley, <a href="mailto:RCalverley@comprehensivecare.co.nz">RCalverley@comprehensivecare.co.nz</a>, Dr Ajay Makal, <a href="mailto:AMakal@comprehensivecare.co.nz">AMakal@comprehensivecare.co.nz</a></td>
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<td>Orthopaedics (lower limb - ankle/knee)</td>
<td>Staff of Waitemata PHO member General Practices</td>
<td>5 July</td>
<td>Dr Tim Jelleyman, <a href="mailto:PJelleyman@waitematapho.co.nz">PJelleyman@waitematapho.co.nz</a></td>
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<td>Childhood Obesity</td>
<td>Staff of Waitemata PHO member General Practices</td>
<td>20 July</td>
<td>Rachael Calverey, <a href="mailto:RCalverley@comprehensivecare.co.nz">RCalverley@comprehensivecare.co.nz</a>, Dr Ajay Makal, <a href="mailto:AMakal@comprehensivecare.co.nz">AMakal@comprehensivecare.co.nz</a></td>
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<td>11 May</td>
<td>Dr Mandy Rams-Piper</td>
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<td>Dr Andrew To</td>
<td>Auckland DHB Cardiologist, Waitemata DHB</td>
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