

STUDY at your medical centre Cervical Screening Self-test

Greetings

We recently wrote to you about a study that is looking at a **new cervical screening test** (different from the usual smear test) that you can easily do yourself.

We would like to invite you to do a self-test at your family doctor. Doing the test and any follow-up is completely free.

Once you have done your test, we may ask you to answer some questions as we want to hear what women think about the self-test. Doing the self-test and answering the questions will take about 30 minutes. Afterwards your test will be sent to the laboratory to be tested only for human papillomavirus (HPV).

Doing the test is completely your choice

If you don't want to do the test that is OK and won't change anything about your healthcare. Here is what some women have said after they have done this new test.

That was so quick and easy!

My Aunty is really overdue for her smear, can she do this test?

You should not do this self-test if you are pregnant, if you have had cervical cancer, have unusual pelvic pain or bleeding, have had a cervical smear test recently, or have had a hysterectomy with your cervix removed. If you are not sure about any of these things you can contact the Study Nurse for advice.

If you are having your period we recommend that you wait until it is finished before you book to do the test.

How do I book for a self-test?

This self-test is only available for three months as part of this study. **To make an appointment, please call your GP clinic.**

If you have any questions about the test or the study, please feel welcome to contact the Study Nurse.

Jane Grant, Study Nurse

Ph. 021 195 3439 (text or phone)

email hpvstudy@waitematadhb.govt.nz

You can also watch the study videos at www.waitematadhb.govt.nz/healthy-living/HPV-study

Your test results

You will get your results in about two weeks. Your doctor will be informed of your results.

A test that shows you have HPV does not mean that you have cancer or that you will develop cancer. If your test does show you have HPV we do recommend you have a follow-up test. Your doctor or the Study Nurse will talk to you about the follow-up tests.

Your contact details

It's really important to us to have your contact details right, so please let us know if they have changed.

Having a regular check is the best way to find changes that could lead to cervical cancer. If you don't do the self-test we still recommend that you see the nurse or doctor to talk about having the usual smear test instead.

Thank you

The Cervical Screening HPV Self-test Research Team

