

Primary Care News

Keeping up communication between Auckland and Waitemata DHBs and Primary Care

Content in this Issue:

- Clinical Services Update
- Support, Education and Opportunity
- Useful Links
- DHB Primary Care Clinical Contacts and Next Issue

Clinical Services Updates

Auckland DHB Acknowledgement of Referrals - no more paper

Auckland DHB has been sending letters to Primary Care providers acknowledging referrals and informing the referrer if a referral has been declined. The majority of referrals from Primary Care to Auckland DHB are now received via eReferrals and are triaged electronically. The referrer then receives an electronic acknowledgment and notification of the triage outcome.

From 6 October Auckland DHB stopped sending referral acceptance letters, and from 13 October they stopped sending referral declined letters if a referral was received via eReferrals. Faxed or posted referrals will still receive a paper letter response.

Auckland DHB requests that Primary Care uses eReferrals for all referrals. For more information please contact Jim Kriechbaum by emailing: JimK@adhb.govt.nz

Primary Care Engagement - Auckland and Waitemata DHB

Both Waitemata DHB and Auckland DHBs have been working hard to develop closer connections with primary care providers. As part of this programme of activity we have been holding continuing professional development opportunities for primary care providers. These events provide opportunities for hospital specialists to directly engage with their primary care colleagues, and share clinical skills and knowledge.

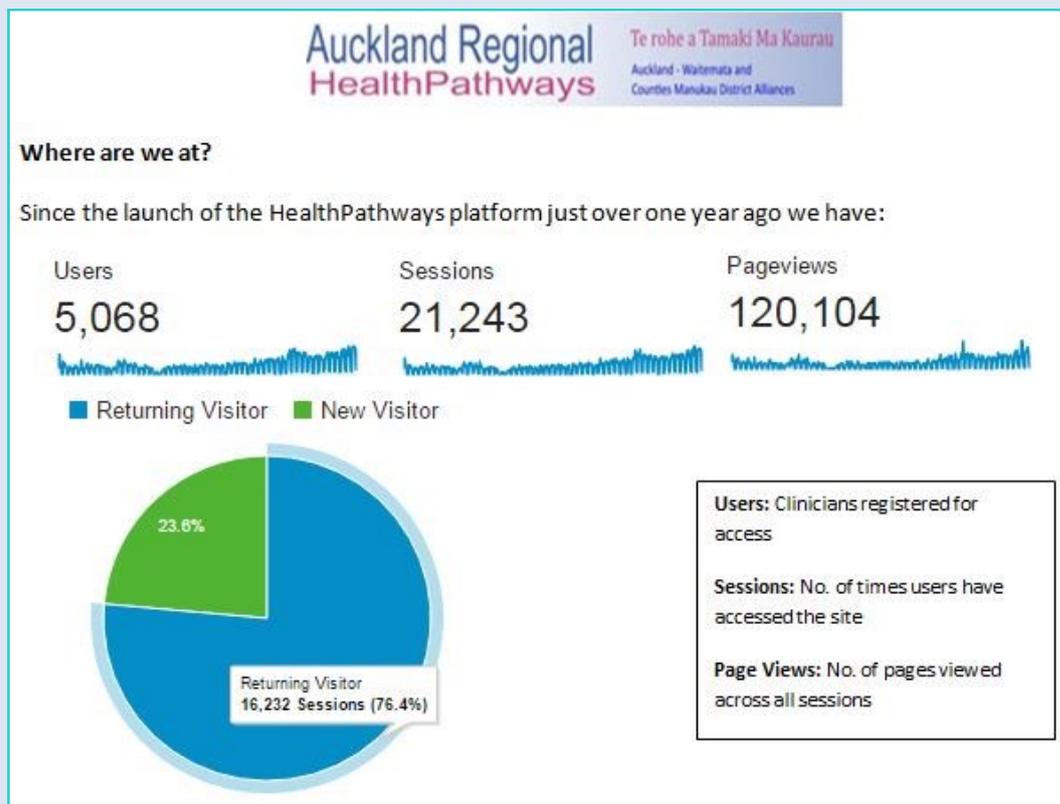
Last month Auckland DHB held an Open Evening focusing on child health led by Paediatric Service Clinical Director, Dr Greg Williams. The event was well attended with over 55 primary care providers attending the evening. Next month Waitemata DHB is holding an event focusing on Rheumatology which will include a discussion on test interpretation and a demonstration of intra-articular steroid injections. This event is already fully subscribed. This follows-on from a successful evening focusing on Women's Health held earlier in the year.

These events generate considerable interest from both primary and secondary care clinicians. They also qualify for Continuing Medical Education (CME) points. Evaluation from primary care providers has been extremely positive with the opportunity to update clinical knowledge, meet hospital clinicians face-to-face and chance to view hospital facilities highly regarded.

The programme of events will continue next year, and planning is underway. If there are specific topics you would like covered next year or would like to offer further feedback on these sessions please don't hesitate to contact Leanne Kirton at Leanne.Kirton@waitematadhb.govt.nz.

Support, Education and Opportunity

Auckland Regional Clinical Pathways Update



To access the pathways and utilise this resource, please register for access:

URL: <http://aucklandregion.healthpathways.org.nz>

Latest pathways localised for the region include

- Hepatitis C - and Direct Acting Antivirals - DHB Clinical Nurse Specialists are available as the primary contact point for any queries regarding these important changes. Look for local education dates by clicking through [here](#).
- Insulin – starting and on-going management
- Palliative care
- Pyelonephritis
- Febrile illness in children and febrile seizures in children
- Subclinical hyperthyroidism
- Urinary incontinence in women
- Vertigo

For further information please contact Sarah Hyder, Regional Clinical Pathway Development Lead:
Sarah.Hyder@middlemore.co.nz

Support, Education and Opportunity Contd.

Cervical Screening Changes

In 2018 the primary test for cervical screening will change. For providers and women the experience will be the same. Cells will be taken from the cervix, and stored in Liquid Based Cytology. The change will happen at the laboratory, where the sample will be tested for the Human Papilloma Virus (HPV).

The age that women enter the screening programme will change to 25 years and the screening interval will be five years. The reason for the increased interval is the greater negative predictive value of HPV testing.

The National Screening Unit (NSU) have drafted guidelines which are now out for consultation and feedback. These are available on the [NSU website](#).

Nurse Champions

Auckland and Waitemata District Health Boards would like to thank and acknowledge nurse champions who screened large volumes of women from the following practices:

- Manly Medical Centre
- Ratanui Medical Centre
- Greenwoods Medical Centre
- Three Kings Accident and Medical Centre

Priority Women

Well Women and Family Trust (WONS) are available to support practices to screen Maori, Pacific and Asian women. There is no cost associated with this service. For more information on how to access support for your practice please contact Jane Grant jane.grant@waitematadhb.govt.nz

Northern Region Healthy Weight Working Group

The Northern Region Child Health Network 'Healthy Weight Working Group' was established this year in response to the MOH childhood obesity plan. A range of activities underway in the region include:

- Localisation of a primary care clinical pathway to provide links to resources and referral pathways
- Development of a consistent electronic growth chart for primary and secondary care
- Development of community-based physical activity and nutrition programmes for children identified as obese at four years
- Provision of training for primary care, for practices with high numbers of Maori and Pacific patients, on how to engage families in a conversation about healthy weight and brief interventions. Contact Hannah Gentile for more information by clicking [here](#).

For more information on the Healthy Weight Working Group please contact [Pam Henry](#)

New Stop Smoking Service - Auckland & Waitemata DHB Areas

If you have a patient or know someone who is ready to stop smoking, phone **0800 500 601** or complete the simple online [Stop Smoking Referral Form](#) available via the homepage of the ProCare website www.procare.co.nz For general enquiries, email stopsmoking@procare.co.nz.

Support, Education and Opportunity Contd.

New Initiative set to Improve Mental Health and Addiction care - Waitemata DHB

A fresh approach to improve mental health and addiction care has been launched by Waitemata DHB.

The new initiative, known as *Our Health in Mind*, will help more people in Waitemata to get better sooner, through earlier and improved access to local mental health and addiction support, assessment, and treatment.

Providing GPs and practice nurses with better support and more resources to help them help their patients is a key priority for the *Our Health in Mind* Programme. Initiatives planned include:

- Increased specialist mental health and addiction support for GPs including phone advice and in-reach services, to ensure best patient care.
- Better access to talking therapies and self-management programmes for more people.
- Additional support to allow GPs and practice nurses to offer extended consultations to patients.
- Improved listing of community resources for easy direction to the most appropriate service.
- Enhanced support to encourage earlier presentation of and help for serious and common mental health and addiction disorders, especially among Māori and Pacific communities.

The programme also seeks to strengthen relationships and connections between primary care, non-government organisations, specialist DHB services and community groups working in the sector.

To see what else is planned click through [here](#) or for more information please contact Helen Wood, *Our Health in Mind* Programme Manager at Helen.Wood@waitematadhb.govt.nz

Changes to the National Immunisation Schedule

Changes to the National Immunisation Schedule have now been confirmed by PHARMAC. From 1 January 2017, the HPV vaccine will change to Gardasil 9, and both females and males from ages 9 to 26 years (inclusive) will be eligible and funded through the School Based Immunisation Programme and via General Practice. For those aged 9 to 14 years, two doses of the vaccine are recommended, six months apart. For those aged 15 years and older, three doses of the vaccine are recommended. Other changes to the Schedule will take effect from 1 July 2017. For more information click [here](#).

Free Vasectomy Service - Waitemata DHB

Waitemata DHB provides a FREE vasectomy service available for men who have completed their families. GPs can send eReferrals for vasectomy to gynaecology 'other' along with a scanned CPAC Sterilisation Score which is available on [Healthpoint](#). Any questions can be directed to Ally Wang, Clinic Scheduler on 486 8920 ext: 3052.

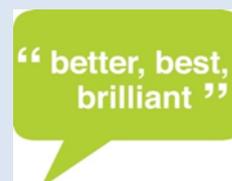
Support, Education and Opportunity Contd.

Waitemata DHB Health Excellence Awards 2017

These awards showcase the outstanding work by health professionals in our district to improve the health and wellbeing of the communities we serve. The Health Excellence Awards are about celebrating innovation and excellence in healthcare. Improving patient outcomes is the single most important benefit to follow from evidence-based discussion and debate on health and healthcare. The Health Excellence Awards provide a forum in which improvements can be embedded and shared.

Abstract submission will be open for four weeks from **14 November 2016** so it's time to start thinking about your entry. Entries can be a poster or an oral presentation. Supporting workshops take place in February 2017 with posters and presentations due in March 2017.

For more details visit: awhinahealthcampus.co.nz



Self-Management Courses Across Auckland and Waitemata DHB Areas

Free diabetes self-management courses are available for people living in Auckland and Waitemata DHB areas with Type 2 diabetes, a high risk of CVD, or who are pre-diabetic.

For courses run by **Waitemata PHO** on the **North Shore** or in **West Auckland** click [here](#).

ProCare also run these self-management education courses across Waitemata DHB. This programme will soon include courses in different languages such as Hindi, Punjabi, Samoan and Asian languages. For further information please click [here](#) or contact Nivedita or the Self Management Education team: life@procare.co.nz, Telephone 09 354 7770, or text or call 027 339 5740.

Auckland PHO run courses in **Central Auckland**, please contact Wayde for further information: wayde@aucklandpho.co.nz or Telephone 09 379 4022.

Feedback to Auckland and Waitemata DHBs

Both Auckland and Waitemata DHBs are keen to receive feedback on the services provided both to patients and to primary care providers.

Auckland DHB

- If you would like to provide feedback, report an incident or make a complaint please contact Consumer Liaison by clicking [here](#)
- Alternatively contact either the appropriate Senior Medical Officer (SMO) concerned or the Primary Care Director for the service as listed on page seven

Waitemata DHB

- Contact the Senior Medical Officer (SMO) concerned in the first instance
- Feedback can also be provided via emailing the DHB directly via the DHB customer feedback system by clicking [here](#)
- Ongoing or unresolved issues should be raised with PHO Clinical Directors or [Stuart Jenkins](#), Primary Care Clinical Director

Support, Education and Opportunity Contd.

CME Event Calendar

To view current CME/CPD opportunities within the Auckland and Waitemata Districts please follow [this link](#). If you have events that you would like us to include on the training calendar, please send information to: Primarycarenews@waitematadhb.govt.nz.

Auckland DHB GP Help & Consultant Advice Lines

GP Help Line - to speak to medical staff 09 307 2800

Consultant Advice Lines

- Cardiology: Admissions: 09 307 2800; for Cardiology Registrar on call and consultant advice: 09 375 4388
- General Medicine: General Medicine Consultant: 021 555 256, General Medicine Registrar: 021 938 477
- General Surgery: 021 938 931
- Gynaecology: 09 307 2800 and ask for the on call Gynaecologist
- Obstetrics: 09 307 2800 and ask for the on call Obstetrician
- Neurology: 09 375 3484
- Renal: 021 938 167 (9.00am-5.00pm Mon-Fri)
- Respiratory: 09 375 3414
- ED SMO: 021 410 539 (Available from 8.00am to 12.00pm every day)
- Gastroenterology: 021 884 631 on call Registrar
- Endocrine Registrar: 021 323 715
- The Acute Eye Referral Line: 09 630 9964
- Paediatric: 021 740 271
- Starship Children's Hospital Emergency Department: 09 307 4902
- Rapid Response (Triage Nurse Specialist) 021 193 10 25

Waitemata DHB GP Help Line

GP Help Line - to speak to medical staff - 09 4868908

Useful Links

[Click here to subscribe](#) to Ailsa Claire's Blog, Chief Executive Auckland DHB

[Click here to subscribe](#) to Counties Manukau Health's E-Update for Primary Care

www.seniorline.org.nz - an online directory of services for older people

Auckland Regional Public Health Service :

[Public Health Bulletin](#)

Twitter: [@akldpublichealth](https://twitter.com/akldpublichealth)

Facebook: [Auckland Regional Public Health Service](#)

Healthy Auckland Together - Twitter: [@HealthyAuckland](https://twitter.com/HealthyAuckland)

Primary Care Contacts and Next Issue

DHB Clinical Contacts for Primary Care

Auckland and Waitemata DHB Planning, Funding and Outcomes

Stuart Jenkins, Primary Care Clinical Director Stuart.Jenkins@waitematadhb.govt.nz

Jean McQueen, Primary Care Nursing Director Jean.McQueen@waitematadhb.govt.nz

Auckland DHB Primary Care Directors

Diana Good, Women's Health DianaG@adhb.govt.nz

Barnett Bond, Paediatrics, Radiology BarnettB@adhb.govt.nz

Adult Medicine and Oncology - currently vacant but contact JimK@adhb.govt.nz until further notice

Kristin Good, Mental Health KristinG@adhb.govt.nz

Kathy McDonald, Surgery KMcDonald@adhb.govt.nz

Jim Kriechbaum, Cardiovascular Community and Long Term Conditions JimK@adhb.govt.nz

Jock Carnachan, Orthopaedics, JockC@adhb.govt.nz

Waitemata DHB Primary Care Advisor

Kim Bannister, Kim.Bannister@waitematadhb.govt.nz

Do you want to Contribute to our Primary Care Newsletter?

The Auckland and Waitemata DHB's Primary Care newsletter is a monthly newsletter for general practitioners and practice nurses across Auckland and Waitemata districts.

Please keep your articles to 100 words or less with a link to a website where recipients will find more information. Please ensure the articles have already been written rather than providing information via fliers or emails. Also, please consider how your content is relevant to Primary Care, what do they need to know.

Include:

- photos/illustrations/logos as high-res, jpegs or image files
- complete articles in word documents or in the body of the email
- a contact person and their details listed within the article.

The content deadline for the next issue is 5.00pm, **4th November 2016**. Please send all contributions to:

primarycarenews@waitematadhb.govt.nz.

New Primary Care News e-Format Available

The Auckland and Waitemata DHBs Primary Care Newsletter is also available in an electronic format. Click [here](#) to subscribe to the e-version. Please feel free to pass on comments about our newsletter to: Primarycarenews@waitematadhb.govt.nz