

# Primary Care News

Keeping up communication between Auckland and Waitemata DHBs and Primary Care

## Content in this Issue:

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## Clinical Updates

### Safety in Practice Seminar now On-line

Waitemata DHB recently hosted a presentation by Dr Neil Houston as part of their CEO Seminar Series. Dr Houston is the National GP Clinical Lead, of the Scottish Patient Safety Programme in Primary Care Health Improvement. Neil has also been supervising the Safety in Practice programme within many Auckland practices.

The Safety in Practice programme has been very successful in giving practices the skills and confidence they need to make positive change in their organisations. If you missed his lecture, you can view it on-line [here](#).



### Auckland District Health Board - Gynae Faster Cancer Treatment Pathways

The Ministry Of Health has introduced Faster Cancer Treatment Targets for patients presenting with high suspicion of cancer (HSC).

Within the Gynae Service there are 7 definitions of HSC however Post-Menopausal Bleeding (PMB) and a palpable, rapidly growing or incidentally found pelvic mass are the most common presentations.

To ensure our patients/population receive the right care at the right time, **referrers are being requested to ensure physical examination, smear and vaginal ultrasound (USS) are carried out prior to referral for the above presentations.**

Referrals without evidence of a physical examination or smear being carried out will be declined, with the recommendation to perform a PV exam and smear, the results from these are pertinent for appropriate triaging.

The referrer is also **strongly encouraged to get an ultrasound done prior to referral** where:

- The patient has funds for an USS to be done within the private sector **OR**
- The referrer uses his/her practice's Access to Diagnostics funds to purchase an USS in the private sector **OR**

If the above two are not options or USS cannot be obtained within 2 weeks:

- Make an e-referral (or other referral) to ADHB radiology and select the 'timeframe' option '**within 1-2 weeks**' on the e-referral form. Relevant clinical information must be included to support urgent referral.

Further information regarding Auckland DHB gynaecology services can be found by clicking on the following link: [Healthpoint](#)

**Please note the above communication refers to Auckland DHB only, an article focusing on the Waitemata referral criteria will be in the next Primary Care Newsletter.**

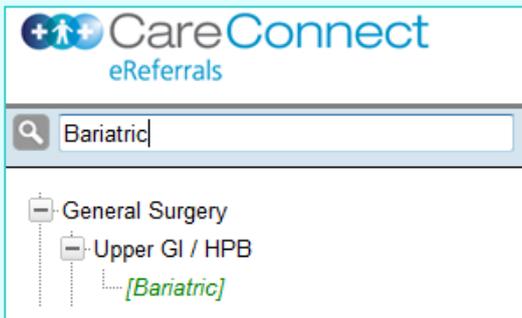


## Clinical Updates Contd.

### Bariatric eReferral template and eTriage

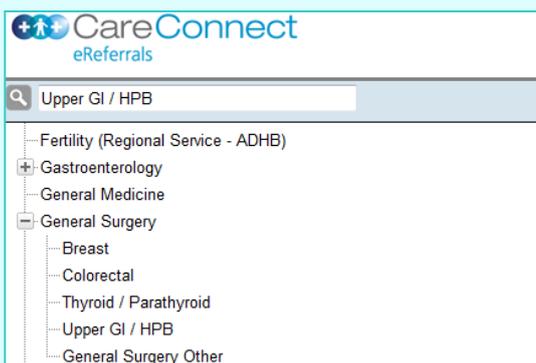
Electronic referrals to the Bariatric Surgical Service are now being triaged electronically via CareConnect. By adopting this online referral approach, you will save time as you no longer need to submit the two page GP questionnaire.

To access this template in CareConnect you can search 'Bariatric':



The screenshot shows the CareConnect eReferrals interface. At the top, there is a search bar containing the text 'Bariatric'. Below the search bar, a list of search results is displayed. The first result is 'General Surgery', which is expanded to show 'Upper GI / HPB'. Under 'Upper GI / HPB', the word '[Bariatric]' is listed in green text, indicating it is the selected or relevant result.

Alternatively, you can navigate to General Surgery/Upper GI.



The screenshot shows the CareConnect eReferrals navigation menu. The search bar contains 'Upper GI / HPB'. The menu is expanded to show a list of categories. 'General Surgery' is expanded, and 'Upper GI / HPB' is selected, which is highlighted in blue.

Then select bariatric as the reason for referral.



The screenshot shows the 'Upper GI / HPB Referral for Outpatient Appointment' form. The form has several fields: 'Previously Referred' with a checkbox, 'ACC' with a dropdown menu set to 'Not Specified', 'Urgent' with a checkbox, and 'Reason for referral\*' with a dropdown menu set to 'Bariatric'. Below the dropdown menu, the word 'Bariatric' is displayed with a green checkmark icon.

When you are completing your online referral you will be advised if your patient does not currently meet the inclusion criteria. These criteria, along with referral guidelines, can be found on Healthpoint:

[www.healthpoint.co.nz](http://www.healthpoint.co.nz).

If you are having trouble using eReferrals or require some training please email the eReferral Project Team at: [ereferrals@healthalliance.co.nz](mailto:ereferrals@healthalliance.co.nz) or alternatively visit the eReferrals website: [www.ereferrals.co.nz](http://www.ereferrals.co.nz).

If you are having technical problems with the eReferral system contact Healthlink [helpdesk@healthlink.net](mailto:helpdesk@healthlink.net), or phone 0800 288 887.

## Support, Education and Opportunity

# Auckland Regional HealthPathways

Te rohe a Tamaki Ma Kaurau  
Auckland - Waitemata and  
Counties Manukau District Alliances

### Health Pathways - An Update

With a team including 5 clinical editors and substantial input from subject matter experts the Pathways Team have updated over 150 of the 500+ pages of pathways available on the Auckland Regional HealthPathways Platform, making them relevant to your practice. This includes 62 clinical pathways pages.

Did you know you can also find out about education opportunities and advertise your events on the site? In addition, you can also access patient education information on Health Navigator.

For those practices that do not have Nexxt™ installed register for access at:  
<http://aucklandregion.healthpathways.org.nz>

### Gardasil - Keeping them safe

Clear communication is important to ensure all eligible girls and their whanau have access to accurate information about the Gardasil vaccine. Key messages should include:

- In New Zealand, around 50 women die every year from cervical cancer, and many more need treatment for precancerous cell changes.
- HPV vaccines can prevent 70% of these cancers.
- Immunisation against HPV is one of the most effective actions we can take to prevent cervical cancer.
- Safety of the vaccine has been closely studied since development. Large global studies show that Gardasil has an excellent safety profile. Rates of serious illness are the same among vaccinated girls as those not vaccinated.
- Protection given by the vaccine is long-lasting and has not decreased over time.

For a recent update about Gardasil vaccine see the [IMAC website](#).

### New Primary Care News Format

You will notice that you were sent the Auckland and Waitemata DHBs Primary Care newsletter in email format as well as in a pdf format. This provides you with choice as to how you distribute the newsletter to your colleagues. It can be either printed out and circulated, or simply forwarded on.

You will also see the new e-version gives people the opportunity to easily subscribe, at the click of a button.

Please feel free to pass on comments about the new e-newsletter to:

[Primarycarenews@waitematadhb.govt.nz](mailto:Primarycarenews@waitematadhb.govt.nz)

[Click here to subscribe](#) to Counties Manukau Health's  
*E-Update for Primary Care*



## Support, Education and Opportunity Contd.

### ProCare Charitable Foundation Grants to six Charities

**ProCARE**  
Charitable Foundation

*He pua ki te whata  
He oranga mō āmuri ake...  
Seeds in the storehouse  
Hallmark of future wellbeing*

**The ProCare Charitable Foundation has announced the successful recipients of its inaugural grant funding programme. The Foundation received close to 40 applications for grants with six registered charities being awarded combined funding of more than \$250,000.**

Chairman of the Foundation, June McCabe, says the calibre of applications was extremely high. “We are very impressed by the quality of the applications that we received this year. There are so many worthwhile causes representing a cross-section of important health and wellbeing areas and all were very reflective of the communities across the Greater Auckland region.”

“This was our first year of offering grant funding to charities and I am pleased that we have been able to select some very meaningful causes. It’s just a shame that we can’t offer funding to everyone”, she says. “Those chosen will improve access for health services in some way for our children and for members of our communities where health inequities are a challenge or where health education will lead to improving awareness and health outcomes for the people of Auckland”.

The six registered charities to benefit from the 2015 ProCare Charitable Foundation funding allocation are:

- **Anxiety New Zealand:** community education programme for Maori and Pacific in lower socio-economic areas
- **Stroke Foundation NZ:** Pacific Stroke Prevention Programme
- **Starship Foundation:** health promotion resources to improve skin health and infections for children living in deprived areas
- **Well Foundation:** mobile health clinic to deliver services to children at risk in Rodney and Waitakere
- **Children’s Autism Foundation:** direct services and programmes for families of autistic children living in hardship
- **Men’s Health Trust:** education programme and resources for men’s health.

Thank you to all those who took the time to apply and we will of course continue the annual granting programme again in July- August 2016

The ProCare Charitable Foundation was created through the generosity of its shareholding members who gifted their non-voting shares to the Foundation in 2013. The purpose of the Foundation is to help promote or deliver health-related activities that improve a community’s wellbeing, or reduces health inequalities and alleviates deprivation in the Greater Auckland region.

For more information about the Foundation, click [here](#)

### Waitemata DHB Radiology Service Seeks Your Feedback

As part of our accreditation programme and as a tool to improve our service, Waitemata DHB Radiology Service is conducting a short online survey of GP referrers who refer to the Radiology Service at North Shore Hospital and/or Waitakere Hospital. The online survey will take around five minutes to complete. Please take a few moments to complete the survey by clicking [here](#) - we do value your feedback!

## Support, Education and Opportunity Contd.

### Green Prescription – Harbour Sport

Harbour Sports Green Prescription (GRx) programme offers a 3-4 month service for people living in North Harbour and Rodney. It involves face-to-face or phone support consultations and weekly group exercise sessions. Community Support Advisors offer goal setting and support on physical activity and nutrition to assist individuals to live a healthier lifestyle.

The Green Prescription team deliver exercise sessions at Glenfield and Stanmore Bay Leisure Centres. Click [here](#) to find out more.

Referrals can be faxed or emailed to Harbour Sport on (09) 415 4594 or [grx@harboursport.co.nz](mailto:grx@harboursport.co.nz)

Criteria:

- Over 18years (5 -18years can be referred to GRx Active Families)
- Stable or at risk of developing medical conditions
- Prepared to make lifestyle changes

Contact information: Liz Golding GRx Manager on (09)415-4659 or [grx@harboursport.co.nz](mailto:grx@harboursport.co.nz)

## Primary Care Contacts and Next Issue

### Auckland DHB GP Help & Consultant Advice Lines

**GP Help Line** - to speak to medical staff (09) 307 2800

#### Consultant Advice Lines

- Cardiology: Admissions phone 307 2800 for Cardiology Registrar on call, Consultant Advice 375 4388
- General Medicine: General Medicine Consultant:021 555 256 , General Medicine Registrar: 021 938 477
- General Surgery: 021 938 931
- Gynaecology: 09 307 2800 and ask for the on call Gynaecologist.
- Obstetrics: 09 307 2800 and ask for the on call Obstetrician.
- Neurology: 09 375 3484
- Renal: 021 938 167 9.00am-5.00pm Mon-Fri
- Respiratory: 09 375 3414
- ED SMO: 021 410 539 (Available from 0800 to 2400 every day)
- Gastroenterology: 021 884 631 On-call Registrar
- Endocrine Registrar: 021 323 715
- The Acute Eye Referral Line: 09 630 9964.
- Paediatric: 021 740 271
- Starship Children's Hospital Emergency: 307 4902

### Waitemata DHB GP Help Line

**GP Help Line** - to speak to medical staff - 486-8908

## Primary Care Contacts and Next Issue Contd.

### DHB Clinical Contacts for Primary Care

#### Auckland and Waitemata DHB Planning, Funding and Outcomes

Stuart Jenkins, Primary Care Clinical Director, [Stuart.Jenkins@waitematadhb.govt.nz](mailto:Stuart.Jenkins@waitematadhb.govt.nz)

Jean McQueen, Primary Care Nursing Director, [Jean.McQueen@waitematadhb.govt.nz](mailto:Jean.McQueen@waitematadhb.govt.nz)

#### Auckland DHB Primary Care Directors

Diana Good, Women's Health, [DianaG@adhb.govt.nz](mailto:DianaG@adhb.govt.nz)

Barnett Bond, Paediatrics, [BarnettB@adhb.govt.nz](mailto:BarnettB@adhb.govt.nz)

Rob Wallace, Adult Medicine and Oncology, [RobW@adhb.govt.nz](mailto:RobW@adhb.govt.nz)

Kristin Good, Mental Health, [KristinG@adhb.govt.nz](mailto:KristinG@adhb.govt.nz)

Kathy McDonald, Surgery, [KMcDonald@adhb.govt.nz](mailto:KMcDonald@adhb.govt.nz)

Jim Kriechbaum, Cardiovascular, Community and Long Term Conditions, [jimk@adhb.govt.nz](mailto:jimk@adhb.govt.nz)

Jock Carnahan, Orthopaedics, [JockC@adhb.govt.nz](mailto:JockC@adhb.govt.nz)

Janine Bycroft, Planning, Funding and Outcomes, [JBycroft@adhb.govt.nz](mailto:JBycroft@adhb.govt.nz)

#### Waitemata DHB Primary Care Advisor

Kim Bannister, [kim.bannister@waitematadhb.govt.nz](mailto:kim.bannister@waitematadhb.govt.nz)

## Useful Links

### Long-term Conditions e-Bulletin

The Long-term Conditions e-bulletin is published 6 to 8 times per year by **Health Navigator NZ**, and the **Long-Term Conditions Network**. The intended audience includes DHBs, PHOs, health providers, and managers. The purpose is to increase awareness and share knowledge, build connections and improve quality and system effectiveness in the field of long-term conditions.

Topics include improving chronic care, self-management support, quality improvement, e-health, health literacy, co-design and health management. There are also updates about latest reports, international, national, regional and local news/events. The bulletins can be found at:

[www.healthnavigator.org.nz/health-a-z/n/newsletters/](http://www.healthnavigator.org.nz/health-a-z/n/newsletters/).

## Do you want to Contribute to our Primary Care Newsletter?

The Auckland and Waitemata DHBs Primary Care newsletter is a monthly newsletter for general practitioners and practice nurses across Auckland and Waitemata districts. A January edition will not be produced.

Please keep your articles to 100 words or less with a link to a website where recipients will find more information.

#### Include:

- photos/illustrations/logos as high-res, jpegs or image files
- complete articles in word documents or in the body of the email
- please also include a contact person and their details listed within the article.

The content deadline for the next issue is 5.00pm, 5th February 2016. Please send all contributions to: [primarycarenews@waitematadhb.govt.nz](mailto:primarycarenews@waitematadhb.govt.nz).