CARE GUIDE GLOSSARY

Cardiac Cachexia: Severe weight loss/wasting due to chronic heart failure
Crackles/rales: See Lung Sound Basics pg 32
Diaphoresis: Excessive sweating (commonly associated with shock or other medical emergencies)
Dysphagia: Difficulty swallowing
Dyspnoea: Difficulty breathing/shortness of breath
Hypoxaemia: Low blood oxygen level
Orthopnoea: Difficulty breathing/shortness of breath when lying down
Paroxysmal nocturnal dyspnoea: Sudden episodes of difficulty breathing/shortness of breath at night
Tachycardia: Rapid heart rate
Tachypnoea: Rapid breathing

CARE GUIDE ABBREVIATIONS

ABI: Ankle Brachial Index – see pg 34
BMI: Body Mass Index – see pg 26
CAM: Confusion Assessment Method – see pg 12
CG: Capillary Glucose
CHF: Congestive (or Chronic) Heart Failure
CNS: Central Nervous System
COPD: Chronic Obstructive Pulmonary Disease
CV: Cardiovascular
DKA: Diabetic Ketoacidosis
DRE: Digital Rectal Exam
EPOA: Enduring Power of Attorney
FBC: Full Blood Count
GI: Gastrointestinal
HONK: Hyperosmolar Non Ketotic Coma
IV: Intravenous
JVP: Jugular Venous Pressure
MNA: Mini Nutritional Assessment – see pg 26
NSAID(S): Non-steroidal Anti-inflammatory Drug(s) e.g. Voltaren
OABS: Overactive Bladder Syndrome
PRN: As required
SC: Subcutaneous
SOB: Shortness of breath
TIA: Transient Ischaemic Attack
URT: Upper Respiratory Tract
UTI: Urinary Tract Infection