

## CARE GUIDE GLOSSARY

Cardiac Cachexia	Severe weight loss/ wasting due to chronic heart failure
Crackles/ rales	See Lung Sound Basics pg 32
Diaphoresis	Excessive sweating (commonly associated with shock or other medical emergencies)
Dysphagia	Difficulty swallowing
Dyspnoea	Difficulty breathing/ shortness of breath
Hypoxaemia	Low blood oxygen level
Orthopnoea	Difficulty breathing/ shortness of breath when lying down
Paroxysmal nocturnal dyspnoea	Sudden episodes of difficulty breathing/ shortness of breath at night
Tachycardia	Rapid heart rate
Tachypnoea	Rapid breathing

## CARE GUIDE ABBREVIATIONS

ABI	Ankle Brachial Index – see pg 34
BMI	Body Mass Index – see pg 26
CAM	Confusion Assessment Method – see pg 12
CG	Capillary Glucose
CHF	Congestive (or Chronic) Heart Failure
CNS	Central Nervous System
COPD	Chronic Obstructive Pulmonary Disease
CV	Cardiovascular
DKA	Diabetic Ketoacidosis
DRE	Digital Rectal Exam
EPOA	Enduring Power of Attorney
FBC	Full Blood Count
GI	Gastrointestinal
HONK	Hyperosmolar Non Ketotic Coma
IV	Intravenous
JVP	Jugular Venous Pressure
MNA	Mini Nutritional Assessment – see pg 26
NSAID(S)	Non-steroidal Anti-inflammatory Drug(s) e.g. Voltaren
OABS	Overactive Bladder Syndrome
PRN	As required
SC	Subcutaneous
SOB	Short(ness) of breath
TIA	Transient Ischaemic Attack
URT	Upper Respiratory Tract
UTI	Urinary Tract Infection

**Residential aged care Integration Programme**



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