

About Waitemata District Health Board

In the Auckland region: across the Harbour Bridge, north to past Wellsford, and to the west. Covers the NorthShore, Waitakere and Rodney district populations, of 500,000 people

The district health board has 969 inpatient beds on 5 inpatient sites and a large range of community settings.

General hospital services:

Medical health issues: including general medical conditions, respiratory, haematology, gastroenterology, cardiology, cardiovascular interventions, palliative care

Surgical health issues: including general surgery, urology, ORL, breast, bowel / colorectal, bariatric, orthopaedic, operating room

Acute: ICU, HDU, Emergency Department

Child Health:

SCBU (North & West), Daystay, Child Disability. Public Health Child & Family, Dental (ARDS)

Maternity and Womens Health:

Maternity antenatal and postnatal care for 6000 plus deliveries pa; gynaecology

Mental Health:

District Mental Health (inpatient & community teams), Psychogeriatric services. Child and Adolescent Mental Health.

Community Alcohol & Drug Services (CADS).
Regional Forensic Psychiatric Services (RFPS)

What we offer you

- Placement in general secondary clinical settings that match the clinical areas you will have worked in the past i.e. adult, child
- Clinical support from a ward / unit buddy
- Access to the service nurse educator and RN clinical coach to reinforce learning opportunities
- Support by the Nursing Development Service

Nursing practice is described as the use of nursing knowledge, skills, attitudes and judgement to practise within his or her scope in a direct relationship with clients or working in nursing management, nursing administration, nursing education, nursing research, nursing professional advice or nursing policy development roles, which impact on public safety.

Professional practice is guided by clear guidelines that are evidence-based, supported by professional Codes of Conduct, Code of Ethics and competencies appropriate to the scope of practice.

Professional performance includes making safe clinical and professional judgements, demonstrating the level of skill and knowledge required for safe practice, behaving appropriately and acting in a way that does not impact adversely on patient safety within all domains of nursing practice

Practising as a professional requires that the nurse presents evidence of their practice through a portfolio that meets Nursing Council of New Zealand requirements, including continuing education

There are three aspects to meeting the annual competence requirements:

- *Practice hours – minimum 60 days (or 450 hours) of practice*
- *Professional development hours 60 hours in 3 years*
- *Being able to meet the NZNC competencies for your scope of practice applied to the area or context in which you practice.*

Department of Nursing & Midwifery
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Values – Openness Integrity Compassion Respect Customer Focus



Return to Practice Programme (Nursing)



Why you need to do a Return to Practice Programme

The Health Practitioners Competence Assurance Act requires that all health professionals working have current knowledge and skills in order to be safe.

It's all about safety.

What New Zealand Nursing Council Require

If you have had a break in practice for five years or more and have not been practising as a registered nurse, you will need to undertake a return to practice programme.

A return to practice programme enables you to re-enter nursing practice with up-to-date knowledge and skills, and the confidence necessary to meet the competencies for registered nurse practice. Return to practice programmes will be approved by the Nursing Council of New Zealand.

<http://www.nursingcouncil.org.nz/cbpcnurse.pdf>

All nurses are required to be Competent

A competent Level 2 nurse –

- Demonstrates clinical grasp and response-based practice, applies critical thinking to meet needs
- Recognises relevance of changing clinical condition. Communicates about unexpected changes in the clinical plan
- Co-ordinates team input to meet the needs of the patients
- Is an effective positive team member
- Role models consistent, skilled professionalism
- Positive communicator, fosters positive inter-disciplinary teamwork

The Waitemata DHB 'Return to Practice' programme

Waitemata DHB has a Nursing Council of New Zealand approved Return to Practice programme.

The programme is offered twice each year – April and August.

Selection

Nurses interested in returning to practice programme should:

- Have completed a registered nurse programme in New Zealand
- Have a current practising certificate or are applying
- Have been out of practice for more than 5 years
- Have worked out the child care issues in order to attend 240 hours theory and clinical practice requirements

Nurses should contact Jacque Finch to indicate interest and apply for the programme.

- Send your CV or work history
- Think of the questions you would like ask
- Identify what hours you can manage

Each applicant will be interviewed prior to acceptance into the programme.

Programme Hours

We aim to be flexible so that nurses can achieve the requirements with limited disruption to their personal circumstances.

The programme comprises:

- Theory 40 hours
- Clinical Practice 200 hours
- Self-directed learning 20 hours
- (& portfolio development) **260 hours**

Requirements for completion

The participant agrees to start the course to

- Complete within 8-12 weeks of the start date
- Complete the competencies for competent practice within the programme period
- Complete a portfolio for assessment

Course Outline

- Nursing in New Zealand – Contemporary Professional Issues
- Cultural Safety
- Infection Control Practices
- Medication administration processes
- Health and Safety issues in a clinical setting
- Care of the deteriorating patient
- Safety in the clinical setting
- Technical competencies (generic): clinical management of chest pain, asthma and respiratory problems, diabetes, wound care, death and dying, neurological assessment, stroke / CVA management, pain management. Relevant technical skills for the specialty practice setting
- Professional Development and Recognition Programme (PDRP) requirements

Contact Details

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