

STUDY

Cervical Screening Self-test

Greetings

We recently wrote to you about a study that is looking at a **new cervical screening test** (different from the usual smear test) that you can easily do yourself.

We would like to invite you to do the test at home. We have sent you a self-test kit and instructions. You can also watch videos about the study at www.waitematadhb.govt.nz/healthy-living/HPV-study

Doing the test is completely your choice

If you don't want to do the test that is OK and won't change anything about your healthcare.

Here is what some women have said after they have done this new test.

That was so quick and easy!

My Aunty is really overdue for her smear, can she do this test?

You should not do this self-test if you are pregnant, have had cervical cancer, have unusual pelvic pain or bleeding, have had a cervical smear test recently, or have had a hysterectomy with your cervix removed. If you are not sure about any of these things you can contact the study nurse for advice (turn over for contact details).

This self-test is only available for three months as part of this study.

Once you have done your test

You can either drop it at a laboratory collection centre, your GP clinic, or use the pre-paid courier bag supplied. Remember to send the completed consent form and lab form. The self-test will be tested only for human papillomavirus (HPV).

Your test results

You will get your results in about two weeks. Your doctor will be informed of your results. A test that shows you have HPV does not mean that you have cancer or that you will develop cancer. If your test does show you have HPV we do recommend you have a follow-up test. Your doctor or the Study Nurse will talk to you about this.

Questionnaire

We are asking some women to answer some questions as we want to hear what women think about the self-test. So we may have included a questionnaire with your self-test kit. Doing the self-test and answering the questions will take about 30 minutes.

Do you have any questions?

If you have any questions about the test, the kit, or the forms we have sent you please feel welcome to contact the Study Nurse, **Jane Grant**.

Jane Grant

Ph. 021 195 3439 (text or phone)

or email hpvstudy@waitematadhb.govt.nz

Your contact details

It's really important to us to have your contact details right, so please let us know if they have changed.

If you don't want to do the test that is OK and won't change anything about your healthcare. We still recommend that you see your nurse or doctor to talk about having a usual smear test instead, as having a regular check is the best way to find changes that could lead to cervical cancer.

Thank you

The Cervical Screening HPV Self-test Research Team

